



Lutheran Association For Special Education

Presents:

Helping the Distracted, Disorganized or Chaotic Child: Bringing Peace and Success to the New School Year

Parents, does your child:

Struggle with following directions?

Forget instructions?

Lose important items regularly?

Have a hard time controlling emotions (irritable, angry, overly silly)?

Do homework, but forget to turn it in?

Need constant reminding to complete routine chores and tasks?

Interrupt, blurt out in class, have a hard time taking turns?

If so, THIS CLASS IS FOR YOU!

Executive functioning skills are the skills we use constantly throughout our day, the skills that allow us to pay attention, plan out time, set goals, accomplish tasks, control emotions, and remember information. They are **ESSENTIAL** to the success and independence of each person. These skills begin developing at birth, and continue throughout our whole lives. Most of us don't even think twice about them....UNLESS they aren't working well. Learn how EF skills develop in childhood and adolescence, what can interfere with their development, and how you can support your child or teen in developing and strengthening these critical life skills. Parents will participate in lecture, group activities, and simulations, as well as receive hundreds of immediately usable tips, tools and strategies to make daily life more effective, efficient and less stressful for all.

Parents will learn how to support children and teens :

- Develop visual schedules to serve as reminders and support the following of directions
- Increase time awareness, time estimation, and time management
- Plan and prioritize tasks such as homework, chores, long-term projects
- Determine best study techniques to support long-term memory and quick recall
- Get focused faster, and pay attention longer.

Lori Benson Adams, M.Ed. is an Educational Intervention Specialist who has taught hundreds of professional educators and therapists across the country about the critical role of EF skills, and now is bringing this information to the most essential change-agent.....parents! A nationally-known speaker, her workshops are designed to be lively, engaging, and life-changing. For more information, visit www.breakthroughlearningsolutions.com

***Come invest in the evening, and help make
this your child's BEST year yet!***

Thursday, August 4, 2016

Helping the Distracted, Disorganized or Chaotic Child: Bringing Peace and Success to the New School Year

6:30 p.m.—8:30p.m.

Registration: 6:00-6:30 p.m.

*Due to limited seating the presentation seating is limited to 100.

FEE: \$25 per person, \$30 per couple

To register email:
rsvp.laseparents@gmail.com

Or call the LASE office:
314-268-1234

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